

Department of
Occupational Therapy

Caregiver Advice When Using The Wheelchair



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Using a wheelchair may be a new experience for patients and caregivers. This booklet introduces the parts of a wheelchair and gives you tips on how to handle it.

1. Preparing the Wheelchair

Wheelchair Parts



1. Preparing the Wheelchair

Wheelchair Maintenance

Regular checks and maintenance are important for durability of the wheelchair and user safety.

Check the following:

Weekly	Monthly
Tires have no cuts, loss of groove or pressure	All nuts and bolts are present and secured
Brakes and handgrips are not loose	Armrests and footrests are intact and can be locked in place using a latch
Front wheels do not wobble and are dirt-free	Wheelchair frame has no cracks or large dents

Contact your vendor for repairs as necessary. It is recommended to bring your wheelchair to an authorized supplier for a full assessment and servicing annually.

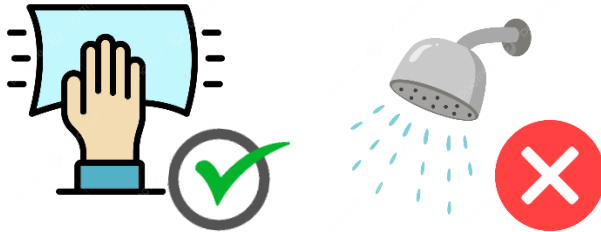
For more details, please scan the QR code:



1. Preparing the Wheelchair

Wheelchair Maintenance

Use a damp cloth to wipe down the wheelchair weekly.
Do not wash it with water



If the seat is damp, dry it prior to storing.

If you are planning to store the wheelchair for an extended period, cover it and keep it away from direct sunlight.

1. Preparing the Wheelchair

Folding A Wheelchair



1. Flip the footrests up to a vertical position.



2. Use both hands to hold the middle of the seat.



3. Pull upwards.



1. Preparing the Wheelchair

Unfolding A Wheelchair



1. Place both your hands on the metal bars on both sides of the seat. Make sure your hands are not under the seat to prevent injuring your fingers.



2. Press it downwards until the seat is fully flattened.

Note:

Ensure that the wheelchair is locked and footrests are flipped up before helping your loved one to sit down.

1. Preparing the Wheelchair

Using Other Wheelchair Parts

Press the lever to unlock the footrest. Swing it outwards and lift up to remove.

Press the lever to unlock the armrest and flip up.



Press downwards on the brake to lock the wheelchair.

Press the latch to rotate the anti-tipper before going up high kerbs.

Note:

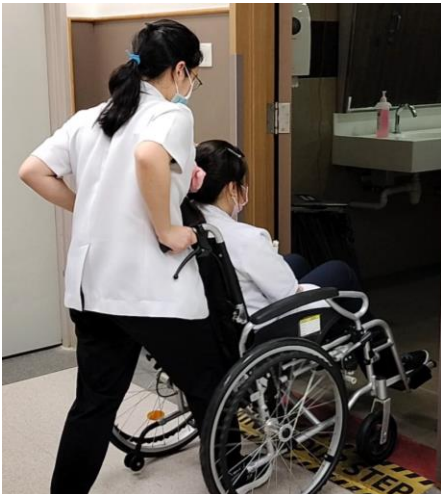
Each wheelchair may have different mechanisms to operate the above parts. Please ask your vendor for more details..

2. Using the Wheelchair

Going Up A Ramp



1. Move the wheelchair forwards. Slow down before going up the ramp.



2. Use your leg to support the back of the wheelchair while pushing it up the ramp.



2. Using the Wheelchair

Going Down A Ramp



1. Slowly move the wheelchair backwards as you help your loved ones down the ramp.
2. Use your leg to support the back of the wheelchair while guiding it down the ramp.



2. Using the Wheelchair

Going Up A Kerb



1. Push forward until the footrests are near the kerb.



2. Step on the tipping lever to tilt the wheelchair.



3. Push forwards until the back wheels touch the kerb.



4. Use your leg to support the back of the wheelchair and push the back wheels up the kerb.



2. Using the Wheelchair

Going Down A Kerb



1. Reverse until the back wheels are close to the edge of the kerb.



2. Use your leg to support the back of the wheelchair and roll the back wheels down the kerb.



3. Walk backwards until the front wheels are away from the kerb.



4. Step on the tipping lever to slowly lower the front wheels to the ground.



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