

iCare Home Tonometer

For daily self-monitoring eye pressure



iCare HOME is a tonometer which facilitates patients measuring their eye pressure (intraocular pressure). In NHG Eye Institute, patients with Glaucoma can rent the iCare HOME as a clinical service to record their eye pressure, at any time, in the comfort of their own home.

Patients who meet the set criteria are referred by our Glaucoma specialists for the iCare HOME loan service. They will be trained by the Glaucoma nurse and once the patient is competent, they will loan the device to monitor their intraocular pressure (IOP) at home for a period of one week. Upon returning the device, the IOP data is uploaded to the electronic medical records for the Glaucoma specialist to view and make clinical decisions on patient management.

iCare HOME provides patients a good alternative to physical glaucoma clinic visits primarily for IOP checks. After a short learning curve, patient's own IOP measurements are accurate and reliable. The IOP data leads to improved clinical decision making and patient outcomes.

iCare HOME tonometer rental for glaucoma patients

Rental period	Charges (7 days' rental with probes and training)
7 days	\$84-\$130*

**Additional charges may be incurred if patient requires extra probes, request for device loan extension (charge based on daily rate) or upon non return or spoilt device; IOP check, education and escalation to doctor's consult or tests fee if necessary.*

For any enquiries, please contact eye@ttsh.com.sg.