

# STEP OUT FOR HEALTHY AGEING

TTSH  
**PHYSIOTHERAPY DAY**  
The Role of Physiotherapy in  
Healthy Ageing in the Community

**28 SEPTEMBER 2024**  
**9AM TO 3PM**

Kampung AWWA  
130 Ang Mo Kio Avenue 3  
S560130



Activity Booths and  
Stage Games



Fitness Bingo



Exercise  
Demonstrations



Goodie Bags  
WHILE  
STOCKS  
LAST!



Sponsored by:



In Partnership:



Organised By:

