## DAFFODIL DAY 2024



23 AUGUST 2024, FRIDAY 10AM - 3PM **TTSH ATRIUM, LEVEL 1** 

What is Cancer? Early Detection

Early Prevention



**Empowerment through Cancer Awareness, Prevention & Early Treatment** 



**Treatment** Option

Pain & symptoms Management Cancer & Nutrition

**Healthy Lifestyle** & Cancer

## **COME AND JOIN US!**



Health educational talks @ TTSH Theatrette by our professional speakers to learn more about cancer preventions



Explore our Interactive booths for information and resources on various types of cancer



Goody bags up for grab (While stock last)

Kindly contact us @ 63578045 should there be any queries for the event Monday to Friday, 9am - 4pm

Registration closing date: 21 August 2024

**BOUGHT TO YOU BY TTSH NURSING SPECIALTY** 



Scan QR code to register for the health educational talks.

(limited to 200 participants)













## DAFFODIL DAY 2024



Educational Talks | TTSH Theatrette Level 1 | 23 August 2024 9AM – 12PM

Empowerment through Cancer Awareness, Prevention & Early Treatment

TIME PROGRAMME HIGHLIGHTS

8.30AM – 9AM Registration

9AM – 9.10AM Opening Speech

Dr Hoi Shu Yin TTSH Chief Nurse

9.10AM – 9.35AM Empowering A Healthier You:

**Early Detection Of Breast Cancer** Speaker: Dr Rachel Chen Yanlin

Breast Surgeon, Department of General Surgery

9.35AM – 10AM Passing out shapes... Looking for bowel habits

Speaker: Dr Aloysius Tan

Colorectal Surgeon, Department of General Surgery

10AM – 10.35AM Tea Break (refreshment provided)

10.35AM – 11AM Smoking – To quit or not to quit?

Speakers: Lathy Prabhakaran & Kng Kwee Keng

Senior Nurse Clinician (Respiratory)
Principal Pharmacist (Clinical)

11AM – 11.25AM Does diet prevent cancer? Myths & Facts

Speaker: Miss Gillian Chong

Dietitian, Department of Nutrition & Dietetics

11.25AM – 11.50AM Live More, Stress Less

Speaker: Miss Hong Dou

Senior Counsellor, 365 Cancer Prevention Society

11.50AM – 12PM Closing speech

Miss Jiang Yan

TTSH ADN, Nursing Speciality

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