

August
24

Health Talk (ONLINE)

24 August 2024, Saturday, 10 – 12pm

Zoom (Details will be provided after registration)

Caregiver Essentials

Practical Tips in Caregiving

By TTSH Nursing Department

Whether you find yourself caring for a family member, friend, or someone in your community, the role of a caregiver can be both rewarding and challenging. Join Shi Ling and Aishah as they share the basics of caregiving and practical tips to enhance your caregiving journey.



If you face any technical issues during registration, please contact us at:

Call: **8126 3623 / 9646 0357**

(Mon – Fri, 10am – 4pm)

Email: **carermatters@ttsh.com.sg**

Register your attendance by scanning the QR code

Registration Closing Date: **22 August 2024, 12pm**

Alternatively, you can access the registration form using this link:

<https://form.gov.sg/6696356740714ef83fb30caa>

