

August 31

## Health Talk (ONLINE)

31 August 2024, Saturday, 10 – 12pm Zoom (Details will be provided after registration)

## **Understanding Dementia**

Navigate Challenging Behaviours
By TTSH Nursing Department

Caring for someone with dementia can be challenging as it demands a unique set of skills. Carers are continuously adapting to the ever-changing needs and behaviours of their loved ones, finding ways to communicate, connect, and provide comfort in the face of cognitive decline. Join Shi Ling and Aishah as they share insights on dementia, managing challenging behaviours, and tips for approaching these behaviours.



If you face any technical issues during registration, please contact us at:

Call: 8126 3623 9646 0357

(Mon – Fri, 10am – 4pm)

Email: carermatters@ttsh.com.sg





