

HAND SURGERY

# From Strain to Strength: Gain the Upper Hand on Common *Hand & Wrist* Conditions

**27** SEPTEMBER 2024 | FRIDAY, 4PM-5.30PM

ZOOM COMPLIMENTARY ONLINE WEBINAR

Are you struggling with hand and wrist issues stemming from sports-related, degenerative or traumatic injuries?

Something as 'minor' as a trigger finger (which can be caused by poor workplace ergonomics) or wrist sprain can be debilitating to our daily function.

In this webinar, we will cover common conditions afflicting the hand and wrist. Join us for an insightful talk on how to manage these conditions with the latest surgical treatments available!

Live Q&A session with doctors at the end of the webinar!



**Dr Sreedharan Sechachalam**  
*Senior Consultant and Head of Dept  
Department of Hand &  
Reconstructive Microsurgery*

Dr Sreedharan is the Head of the Department of Hand & Reconstructive Microsurgery. He is accomplished in all aspects of his craft and has a special interest in fractures of the hand and wrist, implant arthroplasty, and peripheral nerve conditions. In addition to his clinical roles, he also serves as the president of the Singapore Society for Hand Surgery.



**Dr Lee Munn Yi Tina**  
*Consultant  
Department of Hand &  
Reconstructive Microsurgery*

Dr Tina Lee is a Consultant in the Department of Hand & Reconstructive Microsurgery. She has a keen interest in microsurgical reconstruction, wrist arthroscopy and minimally invasive hand surgery. She is a firm believer in the utilization of minimally invasive techniques to enable faster recovery and return to function.



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<http://for.sg/ttshhandwebinar>

